

Carlton F. Brown, M.Sc., M.Div., RP, RMFT

MFT Solutions
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Registered Psychotherapist
Registered Marriage and Family Therapist
Hypnotherapist
AAMFT Approved Supervisor

Work Experience

- 2005 to present: **Full time private practice** (1300 client hours per year) with individuals, couples, and families; fee for service & employee assistance; substance abuse, return to work, mood disorders, personality disorders, relationship difficulty, trauma.
- 2007 to present: **Contract course instructor for the University of Guelph**, Open Learning and Educational Support. Design and co-teach graduate courses in family therapy: DSM-5; postmodern family therapy (narrative, solution-focused, collaborative); Research Methods. Currently designing a course in running a psychotherapy practice.
- 1998 to present: **Clinical Supervisor**, providing private and contract supervision to therapists
- 2009 - 2018 provided **clinical supervision** to therapists at the University of Toronto - Mississauga **Health & Counselling Centre**
- 2004 to 2005: **Manager, Chaplaincy Services**, Hamilton Health Sciences
- 1998 to 2004: **Psychiatric and Emergency Chaplain**, St. Joseph's Healthcare, Hamilton
- 1998 to 1999: **Clinical Supervisor**, Interfaith Pastoral Counselling Centre, Kitchener
- 1996 to 1999: **Therapist**, Interfaith Pastoral Counselling Centre, Kitchener
- 1993 to 1996: **Pastoral Counsellor**, Pastoral Institute of Northern Ontario, Sudbury, Ontario

Education

- 1996 - 1998 Post-degree Clinical Internship, Wilfrid Laurier University
- 1986 - 1990 M.Div., McMaster University, Hamilton
- 1982 - 1986 M.Sc. (completed) and Ph.D. (uncompleted) in physiology, University of Toronto

Clinical Training and Focus

- Registered Psychotherapist (College of Registered Psychotherapists of Ontario #1248)
- Clinical Fellow and Approved Supervisor, American Association for Marriage and Family Therapy
- Experienced in treating addictions, ADHD, anxiety, anger, conflict resolution, couple and family issues, depression, domestic violence, personality disorders and other serious mental illness - individuals, couples, families
- Member of the Canadian Society of Clinical Hypnosis - Ontario Division
- Actively engaged in teaching and supervision

FURTHER INFORMATION AVAILABLE UPON REQUEST - carl@mftsolutions.ca